

# Eat Well. Live Well.

Choose the Healthiest Food Options  
Look for food labeled a green or yellow



Our site is proud to support the Eaton goal of offering our employees the healthiest food and beverage options.



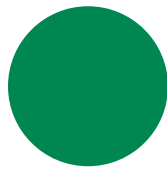
Powering you to  
**live well.**



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Our site is proud to support the Eaton wellness initiative that requires sites to provide employees with the healthiest food and beverage options. Eaton's standard is that **80%** of food and beverage offerings meet the **GREEN** and **YELLOW** standards as outlined below.

Look for these labels when making your food and beverage selections

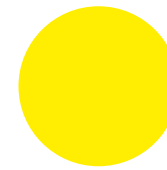


**Cafeteria and Catering (per serving)**

- Less than 800mg of sodium
- Less than 4g of saturated fat
- Less than 4g of added sugars & syrups
- 0g of trans fat
- Only 100% whole grains

**Vending (per serving)**

- Less than 210mg of sodium
- Less than 2.5g of saturated fat
- Less than 4g of added sugars & syrups
- 0g of trans fat
- Only 100% whole grains



**Cafeteria and Catering (per serving)**

- Less than 1000mg of sodium
- Less than 6g of saturated fat
- Less than 6g of added sugars & syrups
- 0g of trans fat

**Vending (per serving)**

- Less than 500mg of sodium
- Less than 5g of saturated fat
- Less than 10g of added sugars & syrups
- 0g of trans fat

\* We've added exclusions to the fat criteria to include nutritious whole sources of fats, including ocean fish, olive oil, avocados, and seeds. Any exceptions are up to the discretion of Cleveland Clinic experts.

\*\* We've set a threshold of 4 grams of added sugar or below to qualify a product, without needing to address the percentage of calories from sugar.

